

# PEFC Weekly Family & Small Group Study Guide

## August 14, 2022

Paynesville Evangelical Free Church  
The Psalms & Proverbs  
*Shelter of the Most High*  
Psalm 91



### Big Idea

*The Security of Protection in the Highest is Grounded in the Promise of Salvation!*

1. Where you dwell is where you find your security for protection.
2. Protection comes when you profess truth with your mouth.
3. To love God is a promise of protection and a promise of salvation.

### Introduction

Think back to something that you considered a refuge in your childhood. How did it act as a refuge? What did you need (or thought you needed) protection from?

### Bible Study Questions

**Have someone read Psalm 91:1-16**

What type of Psalm is this? What is the Psalmist feeling? What is his greatest concern? Can you think of a time when you could/can identify with the Psalmist? How?

Pastor Brad brought out a cause & effect in verse 1. Look at the two verbs. How do they relate to one another? How does this bring encouragement when we face anxiety? What does it mean to “dwell” in the shelter of the Highest? What does that look like in our lives?

Describe the Psalmist's relationship with God through the language of verse two. What words do you see repeated? How does his relationship with God contribute to his confidence in God?

The Psalmist uses great imagery to describe his anxiety as well as the LORD's protection (vs 3-7). From this imagery, what fears do you think the Psalmist may have been facing? What type of fears do we face today? How might the imagery of God's protection (vs 4) have been encouraging to the Psalmist? How might it encourage us?

What outcome of God's protection is mentioned in verse 8? Why might this bring encouragement to the Psalmist? What means of protection does God employ in verse 11? What does this tell us about God and his care for us?

Describe the relationship between God and the Psalmist in verses 14-16. What does this Psalm teach us about God? How does it challenge (and encourage) us when we face fear and anxiety? How does this Psalm relate to or reflect the gospel?

## **Next Steps**

Identify ways that you “dwell” in the shelter of the most high and put into practice this week.

Identify your greatest fear or anxiety and picture God’s angels watching over you.

In your own words, acknowledge that your trust is in Jesus (vs9) and verbally ask for his protection and peace (vs 15).

## **Prayer**

Thank God his loving care and protection. Share life needs within your group and pray for one another. Remember that prayer requests need to remain confidential and not be repeated outside your group without permission.