

# PEFC Weekly Family & Small Group Study Guide

## August 28, 2022

Paynesville Evangelical Free Church  
The Psalms  
*Refreshment in the Wilderness*  
Psalm 63



### Big Idea

*When we find ourselves weary, in a place we don't want to be, we find Refreshment in worship and trust in the Lord!*

1. Refreshment starts with a deep desire for relationship with God.
2. Refreshment comes through confidence in God's care.
3. Refreshment comes through trust in God's deliverance.

### Introduction

Relate a time in your life when you found yourself in a place you did not want to be. How did you react? How was it resolved or concluded?

### Bible Study Questions

**Have someone read Psalm 63.**

After careful observation, what clues from the Psalm do we have as to the context in David's life when he wrote it? What is David's situation? How can we relate to this today?

What kind of language and metaphors does David use to describe his emotions in verse 1? What does this teach us about David's heart?

When did David experience God “in the sanctuary” (vs 2) and why might the context of this be so important in his life right now? (Hint: see II Samuel 7 – especially verses 18-29).

Cal stated that the first stanza of verse 3 is especially significant. Why? Describe the meaning and usage of “*hesed*” love in the Old Testament. How does it relate to the Gospel?

What metaphor does David use in verse 5? How does it relate to his situation? In what ways do we see praise and worship expressed by David? How do we account for this reaction based on his present circumstances? How might we react similarly in difficult circumstances?

How does David’s confidence in God’s justice for his enemies give him peace? Where does David find his strength and protection? What does he see as the ultimate outcome in this situation (vs 11)? Does this surprise you? Why or why not?

How do we see the Gospel reflected in this Psalm?

## Next Steps

Reflect on your present desire for a deep relationship with God. Rate it on a scale of 1-10.

Recall a time (or multiple times) in your life that God rescued you. Find a verse in the Bible that contains a promise of God and commit it to memory.

Use this Psalm to share the Gospel with someone you know is struggling in their life situation.

## Prayer

Thank God for his “hesed” love toward you. Share life needs within your group and pray for one another. Remember that prayer requests need to remain confidential and not be repeated outside your group without permission.